Therapeutic Trends

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COX-2 Inhibitors and Other Anti-Inflammatories

Insight and Outlook from IMS HEALTH

Two years after the manufacturer of Vioxx announced it would be withdrawing the popular COX-2 inhibitor from the market, arthritis sufferers have once again made the older, nonsteroidal anti-inflammatory drugs (NSAIDs) the most commonly prescribed arthritic medications in Canada (Figure 1 and Figure 2).

COX-2 inhibitors, which are often called the newer NSAIDs, were popular when first introduced in 1999 because they provided arthritis patients pain relief without some of the side-effects associated with older NSAIDs, such as GI problems. Ironically, on September 30, 2004, the last day of Arthritis Month in Canada, Vioxx was withdrawn from the market with its manufacturer citing an increased risk of cardiovascular events for long-term users. A few months later, on December 17, 2004, another popular COX-2 inhibitor, Celebrex, was the subject of a drug advisory warning issued by its

manufacturer. This warning also cited increased risk of heart problems. Bextra, another COX-2 inhibitor, was taken off the market in April 2005.

In 2003, the year before Vioxx was withdrawn from the market, there were 7.7 million prescriptions dispensed for all COX-2 inhibitors. This year, for the 12 months prior to the end of June 2006, that number has fallen to 3.4 million prescriptions. While COX-2 inhibitor prescriptions have fallen by about 55% over this period, prescriptions for older NSAIDs went up by approximately 30%. In 2003, there were 5.9 million NSAID prescriptions dispensed. For the 12 months prior to the end of June 2006, there were 7.7 million NSAID prescriptions dispensed.

The entire anti-arthritic market has decreased by about 20% over this same period, indicating that some arthritis sufferers have moved away from both the newer and older NSAIDs.

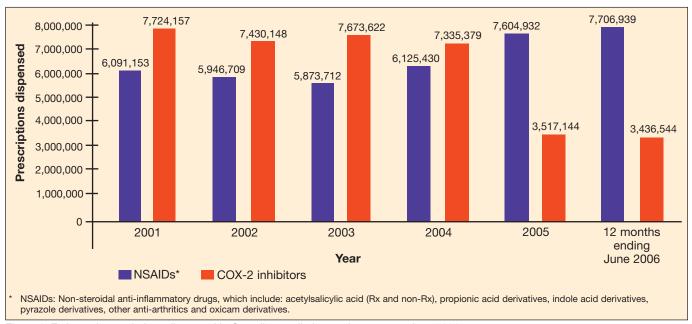


Figure 1. Estimated prescriptions dispensed in Canadian retail pharmacies per year since 2001.

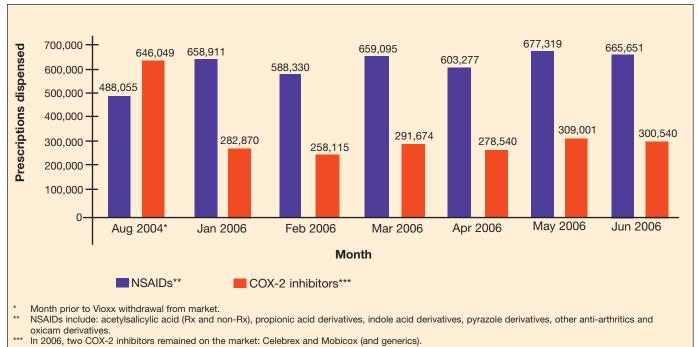


Figure 2. Estimated prescriptions dispensed in Canadian retail pharmacies per month in 2006, as compared to August 2004.

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